



The Art of the Wheel

A weekend of sitting and personal expression.

Come and join us for a silent meditation weekend at Techny Towers. We will work with the image of *The Wheel of Birth and Death* as a contemplative expression of the cause and effect of disappointment and struggle. There will be a focus on making the teaching your own.

Where: Techny Towers, 2001 Waukegan Road, Techny, IL
When: October 28th – 30th
Friday 3 pm thru Sunday 3 pm
Private rooms, meals included.
Fees: \$275

Non-Refundable Deposit: \$50.00. Please reserve early. Limited space. Call or e-mail for more details. 847-332-2577.

marilyn.fischbach@gmail.com

**A Single Thread
Residential Retreat**

October 28th-30th

847-332-2577

www.asinglethread.net
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